



Empowered?

The answer is a strong predictor of your current and future success

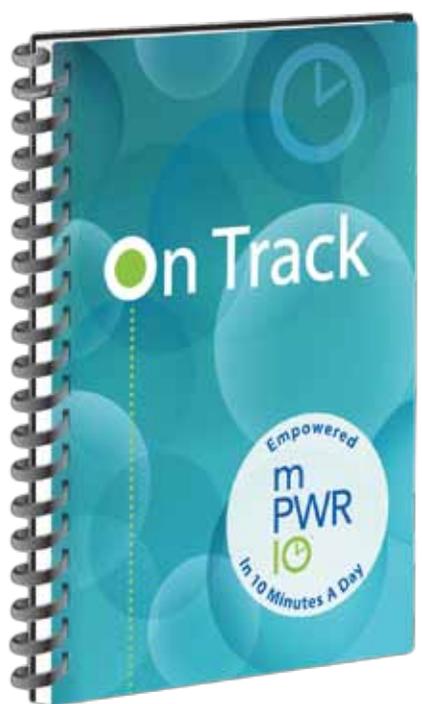
Want to be 'in control' and focused amidst uncertainty and change? Reaching goals while confidently handling challenges?

Specific habits of the *mindset* have been scientifically proven to drive success – personally and professionally. These compelling data come from the field of Positive and Peak Performance Psychology, which support that a positive mindset allows us to thrive and achieve the results we want while remaining resilient in the face of inevitable challenges. *mPWR¹⁰* is the result of extensive analysis of this evidence then summarized into a short, powerful program.

SHIFT YOUR MINDSET, TRANSFORM YOUR RESULTS

mPWR¹⁰ reveals the 6 consistently-proven highly effective habits to shift your mindset and transform your results.

Uniquely, with *mPWR¹⁰* you become your own best self-coach and create sustained behavioral change. By spending just 10 minutes a day, the *mPWR¹⁰* habits become your habits.



mPWR¹⁰ Guide to Stay on Track

With *mPWR¹⁰*, Sales Representatives:

- Enhanced resilience and overall outlook
- Improved preparation and confidence prior to customer interactions
- Became more proactive and focused on key priorities
- Drove sales productivity and accelerated progress toward goals

mPWR¹⁰ Training
 90 minutes
 Group sessions
 and
 Individual sessions --
 live or webinar

Easily Sustain

- *mPWR¹⁰ Guide*
 - Summary of evidence and habits
- Self-coaching tool
 - 10 Minutes a Day
- Reminder Text Messages

"mPWR¹⁰ gives you a way to focus on what you want to accomplish and take 10 minutes a day to make it a reality."

"mPWR¹⁰ is a real game changer. It gives you the ability to learn what you need to know to enhance your results and to do it in a quick sustainable fashion."